

ORIENTATION



Student Guide 2025

Colby



On-Campus Resources and Phone Numbers

Security Department	207-859-5530	MaineGeneral College Health	207-861-6860
Colby Emergency Response	207-859-5911	Counseling Services (Garrison-Foster)	207-859-4490
Campus Events Office (Eustis)	207-859-4736	ITS student support (Lovejoy)	207-859-4222
Campus Life Office (Cotter Union)	207-859-4280	Jitney	207-859-5530
DavisConnects (Grossman)	207-859-4140	Registrar (Eustis)	207-859-4620
Dean of the College Office (Eustis)	207-859-4780	Religious and Spiritual Life Office	207-859-4272
Dean of Students (Eustis)	207-859-4250	Student Financial Services (Garrison-Foster)	207-859-4132
Dean of Studies (Eustis)	207-859-4560	Student Government Association (SGA) (Cotter Union)	207-859-4080
Dining Services	207-859-5460		
Facilities Services	207-859-5000		

Dear Class of 2029 and incoming Transfer Students,

Welcome to Colby College!

We are thrilled to extend our warmest greetings and congratulations as you begin this exciting chapter in your life. As you embark on your journey at Colby, please know that our entire community is eager to welcome you and committed to supporting you every step of the way.

At Colby, we believe in fostering a vibrant and inclusive learning environment that encourages personal growth, intellectual curiosity, and academic excellence. Whether you're joining us as a first-year or a transfer student, we are committed to providing you with a transformative educational experience that will lay the foundation for a successful and meaningful future.

We encourage you to explore the wide array of academic programs, co-curricular activities, and resources available to you. Our faculty members are experts in their fields and are dedicated to mentoring and guiding you in your academic pursuits. Likewise, our staff provides comprehensive support services, including counseling, career advice, wellness, and student development programs.

As you settle in, you will find a diverse and inclusive community where students from various backgrounds come together to exchange ideas, build lasting friendships, and broaden their perspectives. You will have the opportunity to engage in campus life through student organizations, events, and clubs that represent a wide range of interests. We encourage you to take an active role in shaping your Colby experience. Your voice matters to us, and we value your input in making our College an even better place for all students.

The orientation program focuses on helping you develop a deeper understanding of the academic and personal journey you are beginning. You will be able to learn about resources and create and build connections by meeting new people, making friends, becoming familiar with your new surroundings, and engaging in important conversations that will continue in and out of classrooms. We believe that through thoughtful conversations about topics related to diversity and inclusion, making responsible choices, preventing sexual violence, and building respectful residential communities, you will be better prepared to live in community and learn useful skills that you will apply at Colby and later in life.

Your transition to Colby begins now. In the coming weeks, you should expect further communications through a weekly newsletter, and action items to complete in the New Mule Orientation and your Workday portal.

Once again, congratulations on joining our vibrant community. We look forward to witnessing your intellectual and personal growth. Should you have any questions or need assistance, please contact us. All of us at Colby are here to help.

I look forward to connecting with you during your time on campus.

Sincerely,
Gustavo Burkett
Dean of the College



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| <ul style="list-style-type: none"> E7 Admissions and Financial Aid A2 •• Alfond Apartments A4 • AMS (Anthony, Mitchell, Schupf) C8 Arey Life Sciences Building B5 • Averill Hall A10 • Biomass Plant C8 Bixler Art and Music Center C4 • Bookstore A7 Carol Swann-Daniels House D4 • Coburn Hall A1 Collins Observatory C5 Cotter Union Post Office, Bookstore, Spa (snack bar) C2 • Dana Hall D9 • Davis Science Center E5 • Diamond Building A7 • Drummond Hall A6 • East Quad C6 Eustis Building Registrar, Dean of Students B11 Facilities Services D3 • Foss Hall | <ul style="list-style-type: none"> B3 Garrison-Foster Business Office, Counseling Services, Student Financial Services A8 •• Goddard-Hodgkins Hall E3 Gordon Center for Creative and Performing Arts B9 • Grossman Hall/DavisConnects A9 • Harold Alfond Athletics and Recreation Center B2 • Heights E10 Hill House A3 • Hillside—includes Leonard, Marriner, Sturtevant, Taylor, and Williams halls A5 • Jacqueline Núñez House A6 • Jane Powers House A6 Johnson Hall C7 Keyes Science Building B3 Lorimer Chapel C5 Lovejoy Building IT Services E6 Lunder House (admissions, financial aid) D3 • Mary Low Hall B5 • Miller Library B7 Mudd Science Building C8 • Museum of Art | <ul style="list-style-type: none"> C8 Olin Science Center D1 Osborne House E5 • Ostrove Auditorium C4 Page Commons Room A6 • Paula Crane Lunder House B7 •• Perkins-Wilson Hall B8 •• Pierce Hall A7 •• Piper Hall C4 Pugh Center C4 • Pulver Pavilion Post Office, Spa (snack bar) A9 •• Roberts Hall Security D2 Runnals Building E8 • Schair-Swenson-Watson Alumni Center B9 •• Treworgy Hall A5 • West Quad E2 • Woodman Hall A1 Young Observatory |
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- P Parking
- D Dining hall
- LEED certified
- Pending or partial LEED
- Residence hall

Downtown Waterville Destinations



**Bill & Joan Alfond
Main Street Commons**
150 Main Street



**Paul J. Schupf Art Center
and the
Joan Dignam Schmalz
Gallery of Art**
93 Main Street



Greene Block + Studios
18 Main Street



Lockwood Hotel
9 Main Street



CLASS OF 2029 ORIENTATION SCHEDULE

THURSDAY
28
AUGUST

8 a.m.–9:30 a.m.	FIRST-YEAR ARRIVAL 1	Field House, Harold Alfond Athletics and Recreation Center	Residents of West, Goddard-Hodgkins, Averill, and Leonard can pick up your schedule, residence hall room key, Colby ID Card, guest lunch tickets, and packages. Check-in with COOT and then move into your assigned room and prepare for COOT.
9 a.m.–10:30 a.m.	FIRST-YEAR ARRIVAL 2	Field House, Harold Alfond Athletics and Recreation Center	Residents of Taylor, Marriner, Paula Crane Lunder, and Piper can pick up your schedule, residence hall room key, Colby ID Card, guest lunch tickets, and packages. Check-in with COOT and then move into your assigned room and prepare for COOT.
10 a.m.–11:30 a.m.	FIRST-YEAR ARRIVAL 3	Field House, Harold Alfond Athletics and Recreation Center	Residents of Sturtevant, Williams, Jacqueline Núñez, and Johnson can pick up your schedule, residence hall room key, Colby ID Card, and packages. Check-in with COOT and then move into your assigned room and prepare for COOT.
8 a.m.–Noon	COLBY RESOURCE FAIR*	Field House	Representatives from Colby departments will provide information and answer questions about on-campus and local resources.
9 a.m., 11:30 a.m., and 1 p.m.	CAMPUS TOURS*	Lunder House	Student tour guides will lead tours of the historic Mayflower Hill campus.
9 a.m.–3 p.m.	COLBY COMPUTER CONNECT*	Leonard Lounge 104 & West Quad Lounge 113	If you need support connecting your computer to the network and printers on campus, ITS staff is available to assist you and answer questions
11 a.m.–2 p.m.	LUNCH	Colby Dining Halls	Complimentary lunch open to all incoming students and guests. Each student will be given tickets to attend lunch with their guests at designated dining halls.
Noon–3 p.m.	UNPACK AND PREPARE FOR COOT	On Your Own	Following check-in with COOT in the Field House, use this time to pack your bags for COOT and unpack your room. Your COOT Leader can help you if you have items you need for your trip.
3–4 p.m.	MEETING YOUR RESIDENCE HALL COMMUNITY	Your Residence Hall Main Lounge	Meet fellow Residents and your Community Advisor (CA), who will facilitate games and icebreakers to introduce you to your new living community. CAs will accompany FY residents to the Colby Welcome.
4:30–5:15 p.m.	COLBY WELCOME	Tent on Colby Green	Join President Greene, Provost Bruesewitz, and Dean Burkett for a formal welcome to Colby.
5:15–6:15 p.m.	MEET YOUR O GROUP	Directly outside of tent on Colby Green	Meet your orientation leader (OL) and a small group of fellow classmates in your orientation group (O Group).
6:15–8:15 p.m.	DINNER & PREP WITH COOT	Dining Halls	Eat dinner with your COOT groups and prepare for your COOT.
9–10:30 p.m.	NIGHT IN WITH YOUR CA	CA-Designated location in your residence hall	Enjoy a night in with your Community Advisor (CA) and peers in your new residence hall community.

All events in this orientation schedule are mandatory unless noted with an “*” which is optional.

FRIDAY
29
 AUGUST

CLASS OF 2029 ORIENTATION SCHEDULE

7-10 a.m.	BREAKFAST*	Roberts (only)	Meet your COOT leaders in Roberts dining hall to grab breakfast, pack your lunch, and depart for COOT.
7 a.m.-11 a.m.	COOT GROUPS DEPART	Roberts Lot	Outdoor fun awaits! Be sure to take your room key with you and lock your door on the way out. All COOTs depart at different times. If you have questions reach out to your COOT leaders.

SATURDAY
30
 AUGUST



SUNDAY
31
 AUGUST

11 a.m.-4 p.m.	COOT GROUPS RETURN	AMS Basement	Make sure all borrowed gear is returned to the AMS basement. If you have questions, reach out to your COOT leader.
11 a.m.-2 p.m.	LUNCH*	Dining Hall	Dana and Roberts will be open for lunch and dinner.
4-5 p.m.	O GROUP MEETINGS	O Group Location	Welcome back to Colby! Debrief your COOT experience in your O Groups and learn about whats next on your First-Year Journey.
5-8 p.m.	DINNER & WELCOME BACK PARTY	Dana Lawn	Join the Colby community for a welcome back party on Dana Lawn with activities, food trucks and more!

All events in this orientation schedule are mandatory unless noted with an "*" which is optional.

CLASS OF 2029 ORIENTATION SCHEDULE

7–8 a.m.	HEALTHY MORNINGS PROGRAM*	Harold Alfond Athletics and Recreation Center Lobby	Join Colby Recreation for a healthy start with a variety of exercise classes. Check MuleLife.Colby.edu for updated Healthy Morning offerings.
8–10 a.m.	BREAKFAST WITH O GROUPS	Dining Halls	Meet with your O Group for breakfast together.
10–10:30 a.m.	O GROUP MEETING	O Group Location	Continue to connect with your O Group and get prepared for the day.
10:30 a.m.–Noon	ROTATION SESSIONS		
10:30 a.m.–Noon	ULTIMATE CAMPUS CHALLENGE	Orientation Groups 1–12 Studio 1, Gordon Center For Creative and Performing Arts	Get to know Colby’s campus in the ultimate way. In Teams of 4-5, Students will begin by moving around campus and complete the given tasks or Colby trivia. The team with the most points at the end of the challenge will win the Grand Prize!
10:30 a.m.–Noon	NOTICE AND CONNECT	Orientation Groups 13–24 Page Commons, Cotter Union	Counseling Services staff will provide an introduction to campus mental health resources and to the roles all Colby community members play in safeguarding anyone who may be struggling with their mental health.
10:30 a.m.–11:15 a.m.	FIRST-YEAR CLASS DEAN WELCOME	Orientation Groups 25–35 Performance Hall, Gordon Center For Creative and Performing Art	Meet Dean Jillian M. Duquaine-Watson and learn about the student resource guide and support for first-year students.
11:15–Noon	CAMPUS RESOURCE FAIR	Orientation Groups 25-35 Olentine Forum, Gordon Center For Creative and Performing Art	Learn more about the campus resources available and ask any outstanding question.
Noon–1 p.m.	LUNCH WITH O GROUP	Roberts and Dana Dining Halls	OL will determine time and location for lunch.



All events in this orientation schedule are mandatory unless noted with an “*” which is optional.

MONDAY

1
SEPTEMBER

CLASS OF 2029 ORIENTATION SCHEDULE

1-4:30 p.m.		ROTATION SESSIONS	
1-1:45 p.m.	FIRST-YEAR CLASS DEAN WELCOME	Orientation Groups 1-12 Performance Hall, Gordon Center For Creative and Performing Art	Meet Dean Jillian M. Duquaine-Watson and learn about the student resource guide and support for first-year students.
1:45-2:30 p.m.	CAMPUS RESOURCE FAIR	Orientation Groups 1-12 Olentine Forum, Gordon Center For Creative and Performing Art	Learn more about the campus resources available and ask any outstanding question.
1-2:30 p.m.	ULTIMATE CAMPUS CHALLENGE	Orientation Groups 13-24 Studio 1, Gordon Center For Creative and Performing Arts	Get to know Colby's campus in the ultimate way. In Teams of 4-5, Students will begin by moving around campus and complete the given tasks or Colby trivia. The team with the most points at the end of the challenge will win the Grand Prize!
1-2:30 p.m.	NOTICE & CONNECT	Orientation Groups 25-35 Page Commons, Cotter Union	Counseling Services staff will provide an introduction to campus mental health resources and to the roles all Colby community members play in safeguarding anyone who may be struggling with their mental health.
3-3:45 p.m.	FIRST-YEAR CLASS DEAN WELCOME	Orientation Groups 13-24 Performance Hall, Gordon Center For Creative and Performing Art	Meet Dean Jillian M. Duquaine-Watson and learn about the student resource guide and support for first-year students.
3:45-4:30 p.m.	CAMPUS RESOURCE FAIR	Orientation Groups 13-24 Olentine Forum, Gordon Center For Creative and Performing Art	Learn more about the campus resources available and ask any outstanding.
3-4:30 p.m.	ULTIMATE CAMPUS CHALLENGE	Orientation Groups 25-35 Studio 1, Gordon Center For Creative and Performing Arts	Get to know Colby's campus in the ultimate way. In Teams of 4-5, Students will begin by moving around campus and complete the given tasks or Colby trivia. The team with the most points at the end of the challenge will win the Grand Prize!
3-4:30 p.m.	NOTICE & CONNECT	Orientation Groups 1-12 Page Commons, Cotter Union	Counseling Services staff will provide an introduction to campus mental health resources and to the roles all Colby community members play in safeguarding anyone who may be struggling with their mental health.
5-7 p.m.	DINNER WITH CA & HALL COMMUNITY BUILDING	Dining Halls	Attend dinner with your hall and participate in hall community building activities led by your CA.
7-10 p.m.	CASINO NIGHT*	Runnals Walk Rain Location: Pulver Pavilion, Cotter Union	Join us for some casino games and enter for a chance to win epic prizes.



All events in this orientation schedule are mandatory unless noted with an "*" which is optional.

CLASS OF 2029 ORIENTATION SCHEDULE

TUESDAY
2
SEPTEMBER

7–8 a.m.	HEALTHY MORNINGS PROGRAM*	Harold Alfond Athletics and Recreation Center Lobby	Join Colby Recreation for a healthy start with a variety of exercise classes. Check MuleLife.Colby.edu for updated Healthy Morning offerings.
7–10 a.m. 11:30 a.m.–2 p.m.	BREAKFAST* BREAKFAST*	Roberts and Dana Dining Halls Foss Dining Hall	The Spa is also open from 8 a.m. to 4 p.m. today.
9–10:30 a.m.	LANGUAGE PLACEMENT EXAMS*	Various rooms in Lovejoy Building	You should take a foreign language placement exam regardless of your current plans for foreign language study. These exams are given only during orientation. Contact your first-year advisor with questions.
German Room 205	Italian Room 303	Latin Room 202	Russian Room 450 Hebrew Room 423
10 a.m.–Noon	INDIVIDUAL ADVISING	Visit Colby Workday Academics dashboard for your liberal arts advisor information and office location	Visit Colby Workday Academics dashboard for your liberal arts advisor information and office location.
Noon–1:00 p.m.	PRE-HEALTH ADVISING*	Ostrove Auditorium, Diamond Building	Students interested in a career in a health-related field should attend this session to hear from advisors about courses and activities to successfully pursue a career in health care.
Noon–1:30 p.m.	LUNCH	Dining Halls	OL will determine time and location for lunch.
1:30–2 p.m.	O GROUP MEETING	O Group Location	Meet with your O Group to prepare for First Class. Come dressed up for Convocation.
2–3 p.m.	FIRST CLASS	Follow O Group to Location	An introduction to the dedication to intellectual exploration that is integral to Colby's academic experience. Learn about the Colby faculty syllabi and get a preview into classroom life.
3:30 p.m.	LINE UP FOR CONVOCATION	Meet on the Patio behind East & West	Two lines will be formed with even numbered O Groups lining up on the right, and odd numbered O Groups lining up on the left.
4:00 p.m.	COMMUNITY CONVOCATION	Lorimer Chapel Lawn	A 200-year-old tradition that celebrates the opening of the academic year and illuminates the common bond Colby community members share: a commitment to an engaged intellectual life and a journey of discovery and growth.
5–7 p.m. 5–8 p.m.	DINNER* DINNER*	Foss Dining Hall Dana and Roberts Dining Halls	
5–8 p.m.	ALL CAMPUS BBQ	Tent on Colby Green	Join us for a Community BBQ with some live music, lawn games, and Inflatables!

All events in this orientation schedule are mandatory unless noted with an “*” which is optional.

Your Wellness @ Colby

Source: Substance Abuse and Mental Health Services Administration (SAMHSA), Eight Dimension of Wellness, 2016



The Colby Support System

Wellness is more than just your physical health. It's your social support, financial security, intellectual & spiritual fulfillment, and more — all of which are interconnected pieces of your total wellbeing.

Maintaining balance across areas of wellness will create a strong foundation for making the most of all Colby has to offer, both in the classroom and beyond.

A Few Resources for Your Wellness

Physical

Health Services
at MaineGeneral
College Health



Emotional

Counseling
Services



Financial

Student
Success Fund



Environmental

Outdoor
Education



Learn about all the other Colby resources to support your wellbeing — Religious & Spiritual Life, Recreation, Access & Disability Services, and many more — by emailing wellness@colby.edu.

Grow Your Wellness Today — with Gratitude

1. Pause a moment, and think about **3 things** you are grateful for **RIGHT NOW**.
2. Reflect on the people, experiences, resources, & interactions that made your day better.
3. **Now express it!** Telling others or journaling about it will attune your awareness to notice more and more of these things until *'gratitude-colored glasses'* become your default.
4. Seeing life through a **grateful lens** will boost your mood, enhance your relationships, and even strengthen your immune system.

— With thanks from Colby Student Wellness



Visit the Resource Fair!

Thursday, August 28 | 8 a.m.–Noon

Field House, Harold Alfond Athletics and Recreation Center

These groups will be offering information at the resource fair:

1. Family Philanthropy & Engagement
2. MaineGeneral College Health
3. Colby Dining
4. Student Employment Office
5. ITS Support Center
6. Office of Religious and Spiritual Life
7. Farnham Writers, Center
8. Miller Library/Colby College Libraries
9. Office of Student Wellness
10. Colby Security
11. Colby College Museum of Art
12. E&R Laundry
13. Colby Counseling Services
14. Colby Emergency Response
15. Concord Coach Lines
16. Colby Arts
17. Colby Goldfarb Center for Public Affairs
18. The Brothers Black Car Service
19. Student Financial Services
20. Civic Engagement
21. Colby Votes
22. Enterprise



The Colby **AFFIRMATION**

Colby College is a community dedicated to learning and committed to the growth and well-being of all its members.

As a community devoted to intellectual growth, we value academic integrity. We agree to take ownership of our academic work, to submit only work that is our own, to fully acknowledge the research and ideas of others in our work, and to abide by the instructions and regulations governing academic work established by the faculty.

As a community built on respect for ourselves, each other, and our physical environment, we recognize the diversity of people who have gathered here and that genuine inclusivity requires active, honest, and compassionate engagement with one another. We agree to respect each other, to honor community expectations, and to comply with College policies.

As a member of this community, I pledge to hold myself and others accountable to these values.

Colby

Colby College
Office of Student Engagement
Room 241, Cotter Union
4280 Mayflower Hill
Waterville, Maine 04901
207-859-4280